



# Christ <sup>the</sup> Saviour Orthodox Church

Orthodox America (OCA) • Diocese of Eastern Pennsylvania

**5501 Old Locust Lane, Harrisburg, PA 17109**

(717) 652-1825 • office "at" ctshbg.org

[WWW.CTSHBG.ORG](http://WWW.CTSHBG.ORG)

**Archbishop Mark** (Maymon), Hierarch

**V. Rev. Stephen Vernak**, Pastor

**Rt. Rev. Daniel Kovalak**, Attached

**Dn. John Shingara**, Attached

**Dn. Peter (Scott) Staller**, Attached

**Mark Yerke**, Parish Council President   **John Dotsey**, Treasurer

**I** beseech you to walk worthy of the calling with which you were called...  
endeavoring to keep the unity of the Spirit in the bond of peace. *Ephesians 4:1 & 3*

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## Sunday March 14, 2021

**SUNDAY OF CHEESEFARE — Tone 7. The Expulsion of Adam and Eve from Paradise.** Ven. Benedict of Nursia. St. Theognostus, Metropolitan of Kiev and All Russia. Rt. Blv. Great Prince Rostilav (Michael), Prince of Kiev and Smolensk. St. Eusebius the Confessor, Bishop of Lampsacus.

Schedule: **Hours - 9:10am; Divine Liturgy & Forgiveness Vespers (Last names E-K) - 9:30am;**

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**W**elcome to our Visitors!

**Interested in learning more?** Please visit our parish website and email our priest, **Fr. Stephen Vernak**

## Hymns & Readings

### Troparion of the Resurrection, Tone VII —

By Thy cross, Thou didst destroy death; to the thief, Thou didst open paradise; for the myrrh-bearers, Thou didst change weeping into joy; and Thou didst command Thy disciples, O Christ God, to proclaim that Thou art risen, granting, unto the world, great mercy.

*Glory to the Father, and to the Son, and to the Holy Spirit.  
Now and ever, and unto ages of ages. Amen.*

### Kontakion, Tone VI —

O Master, guide to wisdom, giver of prudent counsel, instructor of the foolish, and champion of the poor, make firm my heart; and grant it understanding: O Word of the Father, give me words; for, see, I shall not stop my lips from crying out to Thee: 'I am fallen; in Thy compassion, have mercy on me'.

### Prokeimenon & Readings:

**Tone 8:** Pray and make your vows / before the Lord, our God!

*v. In Judah God is known; His name is great in Israel.*

**E**pistle: (Romans 13:11-14:4) Brethren, do this, knowing the time, that now *it is* high time to awake out of sleep; for now our salvation *is* nearer than when we *first* believed. <sup>12</sup>The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light. <sup>13</sup>Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. <sup>14</sup>But put on the Lord Jesus Christ, and make no provision for the flesh, to *fulfill its* lusts. <sup>14</sup>Receive one who is weak in the faith, *but* not to disputes over doubtful things. <sup>2</sup>For one believes he may eat all things, but he who is weak eats *only* vegetables. <sup>3</sup>Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. <sup>4</sup>Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

**Alleluia Verses:**

*It is good to give thanks to the Lord, to sing praises to Your Name, O Most High.*

*To declare Your mercy in the morning, and Your truth by night.*

**Gospel:** (Mathew 6:14:21) Jesus said, <sup>14</sup>“If you forgive men their trespasses, your heavenly Father will also forgive you. <sup>15</sup>But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. <sup>16</sup>“Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. <sup>17</sup>But you, when you fast, anoint your head and wash your face, <sup>18</sup>so that you do not appear to men to be fasting, but to your Father who *is* in the secret *place*; and your Father who sees in secret will reward you openly. <sup>19</sup>“Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; <sup>20</sup>but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. <sup>21</sup>For where your treasure is, there your heart will be also.



*Sunday of Cheese-fare: Expulsion of Adam from Paradise*

## Upcoming Services & Events

*Weekday services and Sat Vespers are "open" (no sign-up necessary)*

**BEGINNING OF GREAT LENT - Monday, March 15**

**Mar 15, Mon: Canon of St. Andrew – 6:30pm**

**Mar 16, Tue:** John Osuch, Sr. (Viewing) from 6-8pm

**Mar 17, Wed:** John Osuch, Sr - Viewing from 10-11am; **Funeral at 11am;**

Bible Study (*Mark*) - noon; **Canon of St. Andrew – 6:30pm**

**Mar 19, Fri: Pre-Sanctified Liturgy – 6:30pm** (St. Theodore)

**Mar 20, Sat: Vespers - 5pm;** Confession, following

**Mar 21, Sun: Hours - 9:10am; Divine Liturgy (Last names L-R) - 9:30am;**

Open House –11am; Orthodoxy 101 –12:15pm



## Parish News

**Lenten Prayer Buddies:** Today is the last day to sign up, please email or call Nora Lubecki - [mitrophan.nora@gmail.com](mailto:mitrophan.nora@gmail.com) or 717-270-0709. Someone will secretly pray for you & you will also pray for someone. Nora will email you with your Prayer Buddies information this week.

**Adult Ed Lenten Series:** Will begin **Tuesday, March 23<sup>rd</sup> @7pm** via Zoom. The series is: *Reflections on Great Lent: Journey to Pascha* by Fr. Alexander Schmemmann & it will continue each Tuesday until April 6th.

**Paschal Lenten Project:** The church school has a project available for parish families with school age children. There will be some packets available in the vestibule this weekend for anyone coming to the church. If families are interested, **please email Lorrie Pawlusch to participate in this project.** Lorrie's email is [lpawlusch13@gmail.com](mailto:lpawlusch13@gmail.com).

**FOCA Virtual Youth Lenten Retreat: "Rediscovering Pascha - After a Year of Pandemic"** Grades K-12! Join Ap. Timothy Hojnicky & Ap. Benjamin Tucci via Zoom on **Sunday, April 11 from 4-7pm**. Please check the parish weekly email for Zoom details.

**Pussy Willows:** If you have any pussy willow trees on your property, please be sure to cut down some branches for church (*for use on Palm Sunday - April 25*). You can leave them on the porch of the parish hall.

## Parish Prayer List

*Names will be listed for 2 weeks unless requested.*

**NEWLY DEPARTED [40<sup>TH</sup> DAY]:** John Osuch, Sr - Mar 10 [4/18]; Arash (Snyder family) - Mar 9 [4/17]; Terri Prioetti (Evan & Johnna McGreevy's cousin) - Mar 7 [4/15]; David Newhouse - Mar 4 [4/12]; Svitlana & Volodymyr (fiends of Irina Pototska); Diane Williams (Deb McGinnes sister) - Mar 1 [4/9]; Ap. John Tkachuk - Feb 19 [3/30]; Basil "Bill" Kantor – Feb 16 [3/27]; Ruby Barnard (Ethan Mandel's grandmother) Feb 17 [3/28]; Ap. John Chupeck (Nick Somple's uncle) - Feb 10 [3/21]; Thomas Collins (cousin of Paul Hadginske) - Feb 8 [3/19]; Protopresbyter Daniel Hubiak - Feb 5 [3/16];

**ANNIVERSARIES OF DEPARTED:** Iwan Bucharew, father of Victor, Mar 14 - 19<sup>th</sup>; Robert Cable, Jessica Drebot's uncle, Mar 14 - 6<sup>th</sup>; Steve Dragla, Mar 14 - 42<sup>nd</sup>; Thomas Middlesworth, Mar 14 - 31<sup>st</sup>; Edna Shuler, grandmother of Peter Taleff, Mar 15 - 36<sup>th</sup>; Sue Mandell, Mar 15 - 22<sup>nd</sup>; Dorothy Cassel, Mar 15 - 28<sup>th</sup>; John Paraschak, Dotty Fedetz's brother-in-law, Mar 16 - 11<sup>th</sup>; Met. LAURUS, Mar 16 - 13<sup>th</sup>; Harold Johnson, Hatti Kaznowsky's brother, Mar 16 - 13<sup>th</sup>; Joseph Smart, father of Jo-Ann Nesko, Mar 16 - 27<sup>th</sup>; Thomas Karins, step-father of Candi Ressetar, Mar 16 - 15<sup>th</sup>; Ann Hribovski, mother of Denise Zullo, Mar 16 - 5<sup>th</sup>; Chris Kidane Dayer, Mar 16 - 3<sup>rd</sup>; Stephen Macut, Mar 17 - 27<sup>th</sup>; John Yerega, uncle of Carl Hisiro, Mar 17 - 19<sup>th</sup>; Oliver (Gregory) Wendell Allen, Mar 18 - 32<sup>nd</sup>; Stephen Kalenevitch, father of Elaine, Mar 18 - 21<sup>st</sup>; Egor Andreevich, father of Erin Kostylev, Mar 18 - 19<sup>th</sup>; Ap. Victor Sokolov, Mar 18 - 15<sup>th</sup>; Fr. Thomas Hopko, Mar 18 - 6<sup>th</sup>; Met. PHILIP, -Mar 19 - 7<sup>th</sup>; Ruth Ann Kushlan Waite, Rdr James aunt, Mar 19 - 1<sup>st</sup>; Grace Dougherty Bent, Suzanne Mioff's mother, Mar 20 - 29<sup>th</sup>; Ap. Peter Bourdokofsky, Mar 20 - 16<sup>th</sup>

**AILING: PARISHIONERS: FAMILY/FRIENDS:** Chase, Marlin, & Wendy (Treece family friends/neighbors); Michael (B. Drozd brother); Lori (Z. Bares mother); Nina (friend of D. Bupp); Gary & Peggy (cousin & friend of Donna Bretz); Shirley (L. Pawlush's mother); Joe (friend of E. McGreevy); Sandy, Hailey, & Kelly (friends of DiFlorio's); Ronald; Joseph (nephew of L. Hancher); Gary & Paul (friends of the Lenker's); Ruth (T. McMahons sister-in-law); child Joshua; Sandy, Sue & Doreen (E. Bare's friend & family); Betty (grandmother of J. McClure); Andrea & child Silas (family of E. Herman); Dori (niece of N. Lubecki & J. Lewis); M. Lisa Weremedic (wife of Fr. James); Janice & Emil (J. Zuro & G. Leer's aunt & uncle); child Fynn; Fr. George Livanos; Kay, Richard, & Anya (aunt & friends of K. Leader); Patty (friend of K. Pankiw); Neal (D. Pawlush's brother); Richie & MaryAnne (friends of the

White's); **Mitchel** (Jean Dotsey's nephew); **Linda** (M. Sharon's mother); **Ap. Michael & M. Valeria Hatrak**; **David** (L. Mantle & C. Kemps brother); **Jeanette** (daughter of E. Onufer); **Jacob** (brother of Pat Drebot); **Connie, Charlie, Carol & Connie** (friends of Mallick's); **Wendy** (M. Deamer's mother); **Janet** (friend of D. Fedetz); **Kim & Mona** (sisters of Ab. Mark); **David** (friend of L. DiClemente); **Brandon & Pam** (friends of C. Neumann); **Mary** (mother of S. Kellachow); **Alissa**; **Catherine**; **Andrew, Maureen, Mary, Joanne, Roger, & John** (family & friends of the Kuchta's); **Annie** (daughter of the Africa's); **Carole**; **Fern** (Dn. Peter's mother); **Grace & Karen** (J. Mamay's sisters); **Maria** (Worley's friend) **Victoria, Erin & David** (friends of L. Smith); **Paul** (J. Osuch's brother); **Pavlina** (friend of B. Slivka); **M. Emily** (Larissa & Anita's aunt); **Karenmay** (friend of L. Mantle); **child Aura** (friend of D. Zullo); **Steven** (J. Hake's father); **child Eva**; **Lori & Constantine** (Z. Bare's mother & family friend); **Flora** (T. Gault's mother); **Linda, Christine, & Cynthia** (friends of M. Myra); **Grace** (sister-in-law of D. Fedetz); **Wiera, Vera** (Ressetar's family); **Elizabeth**; **Cassandra & Peter** (friends of L. Shuga); **Gemma**, (E. Herman's friend); **Bernadine, Lonnie & Fred** (Osuch family); **Barry, Edwin, Phillip, Connie, & Daniel** (family & friends of the Leer's); **Paul, Adam, Jeff, Bev, Alynda, Tina, Jenny, Marilyn, Jan, Alicia, Shelby, & Malynda** (family & friends of the Kushlans); **Seraphima** (friend of J. Barns); **Shari, Norman, Darrell, Justo, Alexa, Thomas, Leida, Jesus, Marsha, Alexander, Anastasia, Deanna, John, Brian, Timothy, Jessica, Saulo, Theodore, & Tanya**, (Lopez friends & family); **Juanita, Terry, Morgan, & Sara**, (Hisiro's family); **Joseph & Louise** (S Demchak's brother & sister-in-law);

**HEALTH & WELL-BEING:** Those suffering from natural disasters. All victims of Sickness, Terror, War, Violence, Racism, Injustice & Civil Strife; Metropolitan Paul & Archbishop John of Aleppo *held hostage by Syrian Terrorists*; **PARISHIONERS**: Nicholas Somple; Anghesom Zerezgi; Melissa Zuro; Emma Heimbaugh; Tony Onufer; Ita (Stephanie) Snyder; Rdr. Matthew (Chet) & Mary (Nora) Lubecki; M. Theodora Ressetar; Dorothy Fedetz; Cathi Kemp; Richard & Sandy Wood; Natalie Treece; John "Jack" Sweikert; Loretta Ivanoff; Kelly Somple; Marina Cameron; Joseph Sembrot; Birikit & Hannah Zerat; Jeanne Zane; Teklu Ogbamichael; Temesgen Kidane; Una McManus; Katherine Kudelko; BetteAnn Slivka; Evelyn Onufer; Kristen Hertzler; Lazarus (Manny) & Samantha Lopez; M. Ap. Daniel & M. Myra Kovalak; Joseph (Moe) & Ruth Mazurek; Lazarus (Jonathan) Dunnavent; Ann Cole; Sean Cameron; Andrea (Ivanoff) Worley; Mary Ellen Osuch; Kathryn Kellachow; Sue Wolfe; Daniel Bretz; Robin Kuzupas. **HOME-BOUND & IN-CARE FACILITIES**: Carol; Rita; Nicholas Demopoulos; Nicholas Essis; Millicent Russell; **EXPECTANT MOTHER(S)**: Natalie Murphy; Genevieve (Jennifer) Knox; Matrona (Stephanie) Keoseyan; Lara (Haluszczak) Galis; Jessica (Agnes) Priestley; Suzanne Kordsmeier; Kristina Leverone *and the children to be born of them*; **COLLEGE STUDENTS**: Tseday Afrassa; Semhar

Anghesom, Eden Araya, David, Amelia Demopoulos; Grace Firestine; Taylor Gladys, Michelle Gopinath; George Hatalowich, Paige Hisiro; Shawn Jacob; Vladimer Kellachow; Sammy, & Salina Kidane; Alexander & Drake Lamb; Joseph Martin, Evan & Johnna McGreevy, Kayli (Kaliopé) Mikita; Timothy Monko, Otilia Murariu, Nicole & Shane Staller, Ashley; Dave; Peter; Wessam; MILITARY: Gabriel; Stephanie; Matthew; David; Michael; Peter; Sean; Ian, Zachary; Jo siah; FAMILY & FRIENDS: Marina (D. Martin's neice); Michael (B. Drozd father); Deb (sister of Donna Bretz); Kiki, Maria & Theodore (Dn. Peter's friend); Michael & Shannon (son & daughter-in-law of the Henry's); Elaine (Rdr. Leo & Garnice's daughter); Ethan, Mitch, Rob, Jody, Jackie, & Bruce (family & friends of the Mallick's); Joan (friend of the Zart's); Tony (K. Hertzler's husband); Gene (K. Leader's uncle); Iryna (Snyder family); Matthew (K. Mikita's son); M. Natasha Lazor, Cindy, Christine, & Stella "Linda" (M. Myra's friends); Mary & Judy (Rdr. L. Leer's cousins); Raul (friend of B. Drozd); Ron (friend of K. Pankiw); Vasiliki; George (friend of J. Mamay); Dottie Sysak; Heather (sister of S. Cameron); Shenia (sister of N. Schilling); Martha (aunt of A. Cole); Frank (uncle of U. McManus); Eva & Donna (friends of the Kuchta's); Rosalie; David & Dawn (cousins of Chet); Alexandra; Masha, Ethan & Wesley (M. Cameron's family/friend); Pauline (friend of E. Bare); Nancy & family (Snyder's friends); Priest Demetrius Nicoloudakis, Megan, Jacob & family, Georgia, Maria, Blake, Keisha, Cynthia, Dimitrios, child Evangelia, Kyle, Martha, Emma, Nicholas, Jack, Samuel, Christian, Theodore, Steve, John, Alexandra, Juan, Isaac, Daniel, Judy, Luke, Johnny, Leticia, Jim, Paul, Samuel, Faye, Jon, child Landon (family/friends of the Lopez's); Christine (M. Gopinath's aunt); Natalie (E. Herman's godchild); Christine (sister of P. Taleff); Dorothy, Shirley & family, Nathan; Jeff, Greg, David & William (family & friends of J. Barns); Nancy (John & Chris Cole's mother); Ben & Amanda (S. Marasco's children); Marc & Cecilia (L. Smith's cousins); SEMINARIANS: (St. Vladimir's) Dn. John & M. Alexandra Black - Evyn, Lydia, Joshua, & Noah (St. Tikhon's) Rdr. Thomas & Lydia Given - Magdalena & Dominic; CATECHUMEN(S): John Romain; Matthew Deamer; Andrew & Rebecca Brown - Nathan, Devin, Ava, & Liam; Joseph Middelkoop; Ray & Amy Rieck - Gordon, Maren, & Morgan; Melissa Hanna - Tressa & Sarai



## *Many Years!*

*Please submit names and dates to office "at" ctshbg.org*

**BIRTHDAYS:** Gregory Ressetar – Mar 14; Joan Dupkanick – Mar 14;  
Grace Vernak – Mar 18; Eli Mioff – Mar 18; Zoe Vernak – Mar 20;

## *Candle Offerings*

*To donate, please email the Office Manager @ [office@CTSHBG.org](mailto:office@CTSHBG.org)*

**1** ***Decorated candle** is offered in Memory of **Bill Mamay**, on the 2nd year of departing this life, husband of Judy*



*I beseech you to walk worthy of the calling with which you were called...  
endeavoring to keep the unity of the Spirit in the bond of peace.*

*Ephesians 4:1 & 3*