



# Christ <sup>the</sup> Saviour Orthodox Church

Orthodox Church in America • Diocese of Eastern Pennsylvania

**5501 Old Locust Lane, Harrisburg, PA 17109**

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**Archbishop Mark** (Maymon)

**V. Rev. Stephen Vernak**, Pastor

Rt. Rev. Daniel Kovalak, Attached

Dn. John Shingara, Attached

Rdr. Christopher Rakowski, Choir Director

Dr. David Pawlusch, Parish Council President

John Dotsey, Treasurer

**Our "Why"** - To experience and share Christ's love so that every-one we encounter finds healing, purpose, and eternal life.

**A**nd let us consider one another in order  
to stir up love and good works. *Hebrews 10:24*

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## Sunday October 29, 2023

**21st SUNDAY AFTER PENTECOST — Tone 4.** Monastic Martyr Anastasia of Rome. Ven. Abramius the Recluse and Bl. Mary of Mesopotamia.

**Schedule:** **Hours — 8:50am; Chrismation — 9:10am; Divine Liturgy — 9:30am;** Church School & Fellowship; Orthodoxy 101 — 12:15pm; Men's Club Annual Meeting — 4:30pm

**Readers:** 3rd Hour: **Lydia Mantle w/Zoe** • 6th Hour: **Eleanor Herman**

**Epistle:** **Rdr. James Kushlan** • **Post-Communion:** **Larry Smith**

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**W**elcome to our Visitors!

**Interested in learning more?** Please visit our parish website and email our priest, **Fr. Stephen Vernak**

## Hymns & Readings

**Troparion of the Resurrection, Tone IV** — When the women-disciples-of-the-Lord learnt, from the angel, the joyous message of Thy resurrection, they cast away the ancestral curse, and, elatedly, told the apostles: 'Death is overthrown; Christ God is risen, granting, unto the world, great mercy'.

**Troparion, Tone VIII** — The image-of-God was, truly, preserved in thee, O Father: for thou didst take up the cross, and follow Christ; by so doing, thou taughtest us to disregard the flesh, for it passes away, but to care, instead, for the soul, for it is immortal; therefore, thy spirit, venerable Abramius, rejoices with the angels.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

**Kontakion, Tone III** — Purified by the waters of virginity, righteous Anastasia, thou wast crowned by the blood of martyrdom; thou dost grant healing, and salvation, to those in need, and who call on thee from their hearts; for Christ gives thee strength, pouring out, on thee, ever-flowing grace.

*Now and ever, and unto ages of ages. Amen.*

**Kontakion of the Resurrection, Tone IV** — My Saviour and Redeemer, as God, rose from the tomb, and delivered the earth-born from their chains; He hath shattered the gates of hell; and, as Master, He hath risen on the third day.

### **Prokeimenon & Readings:**

**Tone IV:** O Lord, how manifold are Thy works; / in wisdom hast Thou made them all. (*Resurrection*)

*Verse: Bless the Lord, O my soul! O Lord, my God, Thou art very great!*

**Epistle:** (*Galatians 2:16-20*) *Brethren:* knowing that a man is not justified by the works of the law but by faith in Jesus Christ, even we have believed in Christ Jesus, that we might be justified by faith in Christ and not by the works of the law; for by the works of the law no flesh shall be justified.<sup>17</sup> "But if, while we seek to be justified by Christ, we ourselves also are found sinners, *is* Christ therefore a minister of sin? Certainly not!<sup>18</sup> For if I build again those things which I destroyed, I make myself a transgressor.<sup>19</sup> For I through the law died to the law that I might live to God.<sup>20</sup> I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the *life* which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

**Alleluia Verses:**

*Go forth, prosper and reign, for the sake of meekness, righteousness and truth!*

*For Thou lovest righteousness, and hatest iniquity.*

**Gospel:** (Luke 8:26-39) *At that time, Jesus and His Disciples sailed to the country of the Gadarenes, which is opposite Galilee.* <sup>27</sup> And when He stepped out on the land, there met Him a certain man from the city who had demons for a long time. And he wore no clothes, nor did he live in a house but in the tombs. <sup>28</sup> When he saw Jesus, he cried out, fell down before Him, and with a loud voice said, "What have I to do with You, Jesus, Son of the Most High God? I beg You, do not torment me!" <sup>29</sup> For He had commanded the unclean spirit to come out of the man. For it had often seized him, and he was kept under guard, bound with chains and shackles; and he broke the bonds and was driven by the demon into the wilderness. <sup>30</sup> Jesus asked him, saying, "What is your name?" And he said, "Legion," because many demons had entered him. <sup>31</sup> And they begged Him that He would not command them to go out into the abyss. <sup>32</sup> Now a herd of many swine was feeding there on the mountain. So they begged Him that He would permit them to enter them. And He permitted them. <sup>33</sup> Then the demons went out of the man and entered the swine, and the herd ran violently down the steep place into the lake and drowned. <sup>34</sup> When those who fed *them* saw what had happened, they fled and told *it* in the city and in the country. <sup>35</sup> Then they went out to see what had happened, and came to Jesus, and found the man from whom the demons had departed, sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. <sup>36</sup> They also who had seen *it* told them by what means he who had been demon-possessed was healed. <sup>37</sup> Then the whole multitude of the surrounding region of the Gadarenes asked Him to depart from them, for they were seized with great fear. And He got into the boat and returned. <sup>38</sup> Now the man from whom the demons had departed begged Him that he might be with Him. But Jesus sent him away, saying, <sup>39</sup> "Return to your own house, and tell what great things God has done for you." And he went his way and proclaimed throughout the whole city what great things Jesus had done for him.

**Communion Hymn:** Praise the Lord from the heavens, praise Him in the highest! Alleluia, Alleluia, Alleluia!

## Upcoming Services & Events

**Oct 30, Mon:** Trunk or Treat Night – 6pm

**Oct 31, Tue:** Parish Bible Study (Zoom) – 6:30pm

**Nov 1, Wed:** Pan-Orthodox Bible Study (Zoom) - noon; **Service of Healing– 6:30pm;** Confession & Choir Rehearsal

**Nov 4, Sat: Baptism – 10am** (Viviana Uehlein); **Vespers – 5pm;** Family Movie Night “Christopher Robbin” – 6pm; Note: No Confession

**Nov 5, Sun: Stewards of Orthodoxy Sunday, Daylight Saving Ends. Hours – 9:10am; Divine Liturgy – 9:30am;** Church School & Fellowship; Orthodoxy 101 – 12:15pm;

*Readers:* 3rd Hour: **Ray Rieck** • 6th Hour: **Angie DiFlorio w/Ava Pankiw**

*Epistle:* **John Dotsey** • *Post-Communion:* **Jennifer Lewis**

## Parish News

**“Fall Back”:** Next **Sunday, Nov 5** Daylight Savings Ends. Don’t forget to set your clocks back 1 hour & it’s also a great time to change the batteries in the smoke, radon, etc. in your home!

**First Annual Trunk-Or-Treat:** Will be held **TOMORROW Oct 30 at 6pm** in the lower hall parking lot. Dress up, decorate your car, or come as you are! (Nothing scary, demonic, or ghoulish) Bring treats for the kids to trick-or-treat! Hot dogs & apple cider will be served; please see the sign up sheet in the vestibule. Questions? Contact Natalie Kennedy or Sophia Kellachow.

**Church School Snacks:** We kindly request church school parents to contribute snacks or sign-up to host a Sunday. Please find the sign up sheet located in the vestibule. If you have any questions - see Yordanos Gebre, Mat. Anna Vernak or Sophia Kellachow.

**Parish Family Movie Night:** **Sat, Nov 4** after Vespers. Feature film - “Christopher Robbin”. No Charge for the movie; however snacks will be available for a minimal charge. Everyone is invited - organized by our parish O Club.

**Stewards of the Orthodoxy Church in America Sunday: Sun, Nov 5.** We have been invited by Met. Tikhon to join other parishes & individuals across the Orthodox Church in America in making it a success by bringing attention to this important giving opportunity to your community.

**November’s Lunch Bunch:** Will meet on **Thu, Nov 9 at 12:30pm @Gilligan’s on Rt 22.** All are welcome; please call/text/email Kathy Pankiw at if you plan to come! If you need a ride or can give one, please let her know.

**Trivia Night: Tue, Nov 14** with a social at 6:30pm & trivia @7pm. Theme - “All in the Family”. Questions? See Jay or Sheri Africa.

**St. Jerome Book (Quarterly) Club:** New Book - *The Whole Counsel of God*" by Fr. Stephen DeYoung. Copies available in the parish bookstore soon. Discussion - Sun, Jan 14 (2024) at 1pm. Questions? See Joe McClure.

**Fellowship Hours:** All parishioners are asked to host a week by providing such items as soup, fresh fruit, veggies, cheese, baked items, etc. & coordinate with the other families to decide on the menu. *Plan on approximately 150 parishioners.* Please follow email reminders for any updates to the schedule, & contact Christine with any questions. *Please refer to emails for the up to date schedule.*

Oct 29:	Choma, Lopez, McClure, & Rieck families
Nov 5:	Keecheril, Murariu, Rakowski, & Shingara families
Nov 12:	Eritrean & Ethiopian Fellowship

## *Parish Prayer List*

*Names will be listed for 2 weeks unless requested.*

**NEWLY DEPARTED [40<sup>TH</sup> DAY]:** Marilou Klipa –Oct 16 [11/24]; Glenn Treece (husband of Natalie) - Oct 11 [11/19]; Kim Maymon (Ab. Marks sister) - Oct 9 [11/17]; Gregory Nescott - Oct 6 [11/14];

**ANNIVERSARIES OF DEPARTED:** Anna Sopensky, Oct 29 – 40<sup>th</sup>; Nabiha Shunnara, Oct 29- 15<sup>th</sup>; Evelyn Onufer, Oct 29 – 2<sup>nd</sup>; Arsa Taleff, Peter's grandmother, Oct 30 – 69<sup>th</sup>; Wassil Boyko, +Fr. Dan Ressetar's brother-in-law, Oct 31 – 9<sup>th</sup>; Madeline Drake, aunt of Samantha Lopez, Oct 31 – 10<sup>th</sup>; Olga Klipa, Nov 1 – 4<sup>th</sup>; Giza Barbu, Nov 1 – 43<sup>rd</sup>; Jeff Braswell, Angie Costa's son, Nov 1- 14<sup>th</sup>; Michael "Ted" Motz, Nov 1 – 36<sup>th</sup>; Paul E. Worley, Pamela Hatalowich's father, Nov 2 -26<sup>th</sup>; Raymond Anderson, father of Deb Hisiro, Nov 2 – 6<sup>th</sup>; Mary Chupeck, Irene Suple's sister, Nov 2 – 18<sup>th</sup>; Anna Filomowicz, Nov 2 – 21<sup>st</sup>; Sandy Kosik, +Bill Kantor's niece, Nov 2 – 7<sup>th</sup>; Mary Holowack, aunt of Rick Wood, Nov 3 – 5<sup>th</sup>; Samuel Demchak, brother of Suzanne, Nov 4 – 3<sup>rd</sup>; Donna Miller, sister-in-law of Heidi Kushlan, Nov 4 – 4<sup>th</sup>; Josephine Ressetar, aunt of +Fr. Dan, Nov 4 -21<sup>st</sup>; Catherine Maymon, Ab. Mark's mother, Nov 4 – 7<sup>th</sup>; John Hutnyan, godfather of Fr. Stephen, Nov 4 – 1<sup>st</sup>;

**AILING: PARISHIONERS: FAMILY/FRIENDS:** Tais (cousin of C Kemp & L Mantle & niece of D. Fedetz); Laura (grandmother of R. & V. Baker); Gregory (brother of K. Kuchwara); Presbytera Marina Lillian Thornburg (Nora's Goddaughter); Lois (mother of J. Dunnevant). Reba (mother of S. Africa & L. Files); Walt & Jerry "David" (friends of B. Keener); Thalia, Colton, & Gary (aunt & cousins of Donna Bretz); Barry (L. Kalenevitch's brother); Brandon (family of J. Koach); Dustin (family of Rdr. Leo); ); Child Julia; Melvin, & Frank (D. Martins brother & friend); Kay, Richard, & Anya (aunt & friends of K. Leader); Seraphima & John (friend & brother of J. Barn's coworker); Joyce (mother of J. Reba); Bob, Suzanne, & Natalie (family & godchild of E.

Herman); **Dennis Patrick** (nephew of D. Bupp); **Louise Bare**; ); **Edward** (Fr. Timothy Hojnicky's father); **May** (cousin of E. Saraff); **Carl** (brother of S. Demchak); **Isabella**; **Christine Perrin**; **Melanie & Alex** (friend & uncle of C. Yerke); **Alexandra, & Tamara** (B. Kuchta's family); **Bp. Matthias Moriak**; **Adley** (child of N. Somple's friend); **Aiden** (nephew of S. Hanna); **Robin** (son-in-law of E. Files); **Fred** (cousin of the Kormushoff's); **Maria** (friend of the Cain's); **Grace** (D. Fedetz sister-in-law); **Tom** (friend of D. Bupp & Kushlans); **M. Olga Klembara** (Larissa & Anita's aunt); ); **Joan, & Kim** (friends of the J. & A. Cole); **Hannes & Anne** (family of R. Rieck); **Pastor Charles, Mary, Peter, & Edwin**, (family & friends of the Leer's); **Owen, Paul, Anu, Steve, & Barry** (Hisiro family & friends); **Elle** (friend of J. McGreevy); **John** (brother of J. Krut); **Pam, Dan & Nina** (friends of D. Bupp); **Igumen David (Lewis)**; **Neal** (D. Pawlush's brother); **James** (brother of M. Koviloff); **Grace, Karen, Lois, & Rich** (J. Mamay's sisters & friends); **Joan Therese & Dori** (mother & niece of N. Lubecki & J. Lewis); **Lynn** (Himes daughter-in-law); **Kristin & Abe** (family & friend of Dn. Peter); **Shirley** (L. Pawlush's mother); **Deana, Sandy, & Kelly** (friends of DiFlorio's); **child Joshua**; **M. Lisa Weremedic** (wife of Fr. James); **Janice & Emil** (J. Zuro & G. Leer's aunt & uncle); **child Fynn**; **Patty** (friend of K. Pankiw); **Mitchel** (Jean Dotsey's nephew); **Linda** (M. Sharon's mother); **Ap. Michael & M. Valeria Hatrak**; **Jacob** (brother of Pat Drebot); **Wendy** (M. Deamer's mother); **Mona** (sister of Ab. Mark); **Mary** (mother of S. Kellachow); **Mary & Nicholas** (family & friends of the Kuchta's); **Victoria, Erin & David** (friends of L. Smith); **Flora** (T. Gault's mother); **Vera** (Ressetar's family); **Bernadine, Lonnie & Fred** (Osuch family); **Mike, Jessica's & their families**; **Jonathan, Paul, Adam, Bev, Alynda, Tina, Mark, Jenny, Marilyn, Alicia, Shelby, & Jim** (family & friends of the Kushlans); **James, his father, Thelma, Shari, Darrell, Justo, Alexa, Thomas, Leida, Jesus, Marsha, Alexander, Anastasia, John, Brian, Timothy, Jessica, Saulo, Theodore, & Tanya**, (Lopez friends & family);

**HEALTH & WELL-BEING:** Those suffering from natural disasters. All victims of Sickness, Terror, War, Violence, Racism, Injustice & Civil Strife; **Metropolitan Paul & Archbishop John of Aleppo** *held hostage by Syrian Terrorists, for the suffering people of Ethiopia, Eritrea, Ukraine, Haiti & Afghanistan, especially our citizens & soldiers who are in harms way*; **PARISHIONERS:** **Matthew Kormushoff**; **Bahliby K. John Coles**; **Carl Hisiro**; **Rebecca Brown**; **John Yerke**; **Elizabeth**; **Eli Mioff**; **Ann & Gerald Cole**; **M. Theodora Ressetar**; **Charlene Dardaris**; **Johnna**; **Terry Drebot**; **Patricia Drebot**; **Lazarus (Manny) & Samantha Lopez**; **Frank Bifano**; **Gail (Brigit) Goss**; **Mary Ellen Osuch**; **Natalie Treece**; **Evan M.**; **Tony Onufer**; **Ita (Stephanie) Snyder**; **John "Jack" Sweikert**; **Joseph Sembrot**; **Birikit & Hannah Zerat**; **Jeanne Zane**; **Teklu & Pazon Ogbamichael**; **Katherine Kudelko**; **M. Ap. Daniel & M. Myra Kovalak**; **Joseph (Moe) & Ruth Mazurek**; **Lazarus (Jonathan) Dunnavent**; **Kathryn Kellachow**; **Sue Wolfe**; **Daniel Bretz**; **Robin Kuzupas**; **Larry**

Lewis **HOME-BOUND & IN-CARE FACILITIES:** Rita; Nicholas Demopoulos; Millicent Russell; **EXPECTANT MOTHER(S):** Brittany Kemp; M. Tatiana Rutz; Elva Lubecki; Emma Demopoulos; Jamie; Taylor Wilson; *and the children to be born of them*; Danielle Zuro; Doina Uehlein, *and the children born of them*; **COLLEGE STUDENTS:** Tseday Afrassa; Eden Araya; Olivia Drozd; Grace & Evelyn Firestine; Jacob Herman; Shawn Jacob; Sophia Kellachow; Rdr. Vladimir Kellachow; Megan Kenny; Faniel Kesete; Flimon Kesete; Salina Kidane; Matthew Mikita; Zachary Matthews; Otilia Murariu; Molly Pylypciw; Rachel Reba; John Romain; Melat Tesfay; Siem Tesfay; Sophia Vernak; Jessica Williams; Cassandra Zart; Ashley; David, Dave; Peter; Wes-sam; **MILITARY:** Alexander; Valery; Conrad; Shawn; Benjamin; Rdr. Vladimir; Abel; Jacob; Gabriel; Matthew; David; Michael; Peter; Sean; Ian, Zachary; Josiah; Owen **FAMILY & FRIENDS:** Ron (cousin of Donna Bretz); Bill (C. Yerke's father); Jesse & Amelia (grandchildren of C. Dardaris); Terry (friend of J. Mamay); Christine (sister in law of the DiFlorio's); Steve G. (friend of J. McGreevy); Stacy & Mia (B. Keener's friends); Vera, Stan, Joe & Kandi (family & friends of Libby); Tony (K. Hertzler's husband); Ronald; Una; Jean & Robert (aunt & friend of Rdr. Leo); Anne (sister-in-law of R. Rieck); Mitchell, Deborah, Michael, Emily, Ezra (S. Kellachow's family); George, Matthew, Ed & George (family & friend of J. Mamay); Kalei (family of K. Leader); Vicki, Ken, Ron, & Scott (friends of the Pankiw's); Jackie, Bruce, Shirley, Charlie, Connie, Helen, Rob & Jody (family & friends of the Mallick's); Cindy, Michael, & Kyle, (friends of B. Lenker); M. Natasha Lazor, Cindy, & Linda, (friends of M. Myra); Rosalie; David & Dawn (cousins of Chet); Alexandra; Masha, Ethan & Wesley (M. Cameron's family/friend); Nancy & family (Snyder's friends); Ryan, Stacey, Bryan, Curt, Thomas, Andrew, Priest Demetrius Nicoloudakis, Megan, Jacob & family, Georgia, Maria, Blake, Keisha, Dimitrios, child Evangelia, Kyle, Martha, Emma, Nicholas, Jack, Samuel, Christian, Theodore, Steve, John, Alexandra, Juan, Isaac, Daniel, Judy, Luke, Johnny, Leticia, Jim, Paul, Samuel, Faye, Jon, child Landon (family/friends of the Lopez's); William (brother-in-law of J. Barns); **MISSIONARIES:** Jesse & Juanita Brandow (Guatemala); **SEMINARI-ANS:** Dn. Kyril & M. Olivia (STS); Dn. Seraphim & Elena Robertson *and family* (STS); Rdr. Nathan & Rebecca Jekel *and family* (SVS) **CATECHUMEN(S):** John Romain; Joseph Middelkoop; Owen & Jessica Williams; Rudelle Kerests; Richard & Corina Hall; Lydia Hall; Adriel Armstrong; Daniel Nue-mann

## Many Years!

Please submit names and dates to office "at" ctshbg.org

**Anniversaries:** John & Amanda Schilling – Nov 3; Joseph (Moe) & Ruth Mazurek, Sr. – Nov 4;

**Birthdays:** Martha Spear – Oct 30; Temesgen Tegegn – Oct 31; Kyle Hall – Oct 31; Sammy Kidane – Nov 1; Wade Hisiro – Nov 2; Alexander Lamb – Nov 2; Demetrius Leer – Nov 2; Heidi Kushlan – Nov 3; Stefania Snyder – Nov 4;

**Newly Illumined:** Peter (Henry) Laskowski

## Candle Offering

To donate, please see a vestryperson

**7 Day Votive** is offered in Memory of **Dora Teleck** on the 35th year of departing this life, mother of Ann Cole

**1 Decorated Candle** is offered in Memory of **Evelyn Onufer**

